

Baghdad's 86th Combat Support Hospital and T F Mosul Wish List

Miscellaneous Items for our "Wal-Mart"

AT&T Phone Cards
Air freshener
Batteries AA and AAA
Bed sheets (twin size) / cover sheets / pillow cases
Birthday plates/napkins - Birthday candles
Decorations – Christmas garland, tinsel, fake trees, durable ornaments (not glass, please!), LED outdoor
Decorations for any major American Holiday – Thanksgiving, Valentines, Easter, Independence Day
Disposable razors
Deodorant
Fabric Softener and Laundry soap – take box and divide into baggies (1 bag = 1 load of wash)
Floss
Hair ties – black or clear plastic “ouchless” hair ties
Ice pops (juice in plastic tube that you freeze and eat as a treat, great for the summer)
Lotion: strong hand lotion due to frequent hand washing Frames
Mole skin
Mouthwash – Crest, Listerine, Colgate (travel size please)
Pillows
Post It Notes
Sharpies – fine points, all colors
Shaving cream
Shower Baskets: shower gel, brushes, etc.
Socks – white, no logos – must be either calf or ankle length
Sunscreen
Teeth Whitening Strips (Colgate/Crest/Rembrandt)

Food - Low fat and fat-free and low calorie items are not sold at the PX!

Candy – individually wrapped hard candies are more sanitary and easier to share
Coffee Ground Premium Flavored-Hazelnut, Irish Cream, French Vanilla from Folgers, Starbucks, etc
Coffee creamers – individual serving packs of fat free flavored creamers
Cookies and crackers (small snack pack and 100 calorie packs)
Cup-a-soup in individual microwavable containers
Dried fruit
Drink mixes – single serving size Propel, Crystal Light, Gatorade 2 Go
Granola bars and Slim-fast bars
Jerky
Nuts in small snack packs
Splenda packets

Items for our MWR gyms, game/movie room, sports

Aerobics/Yoga/Martial Arts instructional video's or DVD's
Boxing mitts for sparring
Darts for cork dart boards
DVD movies
Jump ropes
Medicine balls in varying weight
Movie posters to go on the walls of the movie room
Classic Novels or Non-fiction books (paperbacks)
SAT/GRE Study Guides

Items for the Wards/Patients

Backpacks
Flip flops
Hygiene kits (travel size shampoo, conditioner, soap, washcloth)
Knit cap during the winter months (yes it gets cold here)
Socks – white, no logos – must be either calf or ankle length
Sweatshirt, sweatpants
Towels
T-shirts
Underwear (male, female)

Items for the Community Outreach/ Health Fair:

Calculators (small)
Chap stick
Clothing (all ages and sizes – can be used)
Educational/health promotion materials (self exam shower cards)
Hand cleanser (pocket size)
Ink pens
Shoes (any sizes)
Soccer balls
Stress balls